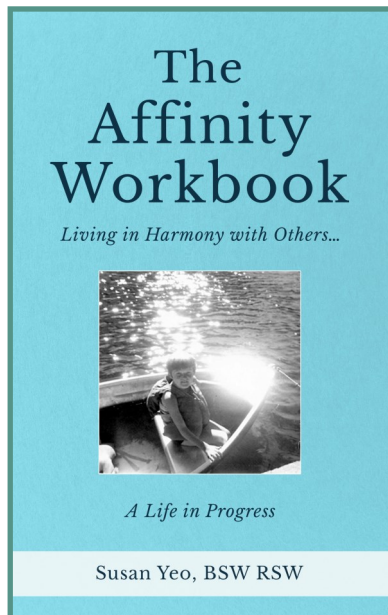


We are all in this together...

# The Affinity Workbook

Susan Yeo - Author



**The Affinity Workbook** is self-published through **Amazon Kindle Direct Publishing**.

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**Kindle Version : Amazon.ca**  
**Paperback Version: Amazon.com**  
**and several Ontario retailers.**

"This is a lovely book, written with warmth and sincerity by an author who clearly knows what she is talking about. Her tips and advice can definitely help you live a more harmonious life...At the end of each chapter she gives you exercises...designed to get you thinking about your own journey in this life...I am sure that anyone who reads this will come away with some valuable insights to apply to their own lives."

**Maria McMahon**  
**Author, Law of Attraction Shortcut**  
**Secrets & A Pocketful of Thank You**

**Personal & Spiritual Development... with a side of fun!**

**The Affinity Workbook** is a new personal and spiritual development book by Canadian author, Susan Yeo that reminds us we are all connected in this big, wide world.

At a time when hate and separation are world event headliners, affinity asks us to remember our common origin—not just by blood or DNA, but by love.

Susan Yeo will take you on a journey, sharing real life stories, and inviting the reader to do the same through creative journaling exercises.

The Affinity Workbook explores:

- ◆ Your strong connections and why they matter
- ◆ The value of reconnecting to people, places and things you may have lost along the way
- ◆ What *living in harmony* means to you
- ◆ Your role in Spiritual Affinity
- ◆ Rediscovering and redefining your purpose: your *Web of Truth*

Susan Yeo is a Registered Social Worker with a private counselling and wellness practice in Ontario. She is the author of countless workshops on the topics of mental health, wellness, and practical spirituality. She was a 2015 presenter at Lily Dale, NY.

**Social Media pages:**

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If you would like more information about The Affinity Workbook or to schedule an interview with Susan Yeo, please contact her at **613-803-2324** or email her at **[susan.yeo@live.ca](mailto:susan.yeo@live.ca)**.